

SERVICES & MASS INTENTIONS THIS WEEK

Sat 09 Mar	Vigil for the Fourth Sunday of Lent
5.00pm	<i>Holy Hour</i>
6.00pm	<i>C.T. Thomas. RIP Anniversary</i>
Sun 10 Mar	Fourth Sunday of Lent (Laetare Sunday)
08.00am	<i>Our Parish Community</i>
10.30am	<i>Martin Worboyes. RIP</i>
Mon 11 Mar	Monday of the Fourth Week of Lent
09.30am	<i>Michael Walshe. RIP</i>
Tue 12 Mar	Tuesday of the Fourth Week of Lent
09.30am	<i>Terri Bellis & Family. Intentions</i>
Wed 13 Mar	Wednesday of the Fourth Week of Lent
	NO MASS
Thu 14 Mar	Thursday of the Fourth Week of Lent
09.30am	<i>Diana Moore. RIP</i>
	NO HOLY HOUR
Fri 15 Mar	Friday of the Fourth Week of Lent
09.30am	<i>Aleyne Fontenelle. RIP Anniversary</i>
7.30pm	<i>Stations of the Cross</i>
Sat 16 Mar	Vigil for the Fifth Sunday of Lent
5.00pm	<i>Holy Hour</i>
6.00pm	<i>Laura, Ed & Family. Special Intentions</i>
Sun 17 Mar	Fifth Sunday of Lent
08.00am	<i>Steve D'Cunha. Intentions</i>
10.30am	<i>Martin Worboyes. RIP</i>

This week the Church Porch will remain open for private prayer each weekday (except Wednesday) until approx. 5pm.

There will be no Exposition & Confessions on Thursday

Exposition & Confessions will take place as usual on Saturday commencing at 5pm

Follow Fr David on Facebook: [stteresasnewburypark](https://www.facebook.com/stteresasnewburypark)

Read the Newsletter at www.stteresasnewbpark.com

PLEASE ENSURE YOUR MOBILE PHONE IS SWITCHED OFF/TURNED TO SILENT WHILE YOU ARE VISITING THE CHURCH. ALSO, PLEASE ENSURE YOU ARE AWARE OF THE POSITION OF THE EMERGENCY FIRE EXIT DOORS IN THE CHURCH.



PARISH NEWSLETTER

St Teresa's Catholic Church

The Presbytery, Brook Rd, IG2 7JA

Parish Priest: Rev Fr David Pearce

Tel 0208 590 2414

Email: newburypark@brcdt.org

Website: stteresasnewbpark.com

Parish Office Hours: Mon & Tue 10.30am - 2pm; Fri 10am-1pm
Reg Charity 234092



FOURTH SUNDAY OF LENT (YEAR B) - 10 MARCH 2024

Dear Parishioners,

Lent can be a depressing time. I always explain to parents during baptism preparation that two things occurred as a result of the Fall. First, we are born with that stain of sin which is somehow mysteriously inherited or passed on through Adam. Secondly, our appetites are thrown out of balance. Our appetites in themselves are necessary – we need to consume food so the hunger instinct is necessary. We need to create new life hence that instinct is important. The problem is that they control us analogous to an inexperienced rider on a strong, high spirited horse. Hence when we try and control the instincts protest and will hijack our emotions and mental well-being. A fog of depression may descend or resentments may build up. Perhaps the church in her wisdom, foreseeing this, has given us an annual respite on the Fourth Sunday of Lent.

In addition to the slightly brighter colour of rose – although I find the purple very pleasant myself! – there are other exceptions. Flowers can be used to decorate the altar and in times gone by this was the one time in Lent that weddings were permitted.

This is also the day on which Mother's Day, or as some would say, Mothering Sunday, is celebrated. This would seem to have some connection with our opening antiphon which declares:-

"Rejoice, Jerusalem, and all who love her.

Be joyful, all who were in mourning;

exult and be satisfied at her consoling breast."

This would link both rejoicing and motherhood. I once heard it say "Home is where the mother is". If we think of mother church then I think today should remind us of the ache each of us have deep within to return home and to our roots. For those of us who, thank God, were blessed with loving parents the ache can be both nostalgic and strong. The great climax of Easter, of course, is not just the resurrection of Our Lord but that in his triumph over death he has opened the door for all of us – if we choose to accept his offer. We are invited not just to go to the Father but **to return** to Him since we were created by Him.

Hence when we think of mothers (and fathers), when we yearn for our homes and the security of childhood let's remember the ultimate security that awaits is when we return to our heavenly homeland – now that is call to Rejoice.

May God bless you all. Fr David

COVID-19 Please continue to exercise common sense and consideration for others who may be more vulnerable to infection. In particular, you should not come to church if you think you have COVID. Face coverings are now a matter of personal choice. Please respect those who wish to avoid close contact especially at the sign of peace

PRAYER WHEN YOU ARE UNABLE TO BE AT MASS

Dear Guardian Angel, go for me to the church, there kneel down at Mass for me. At the Offertory, take me to God, and offer Him my service: What I am, what I have, offer as my gift. At the Consecration, with your seraphic strength, adore my Saviour truly present, praying for those who have loved me, for those who have offended me, and for those now deceased, that the blood of Jesus may purify them all. During Holy Communion, bring to me the Body and Blood of Jesus uniting Him with me in spirit, so that my heart may become His dwelling place. Plead with Him, that through His sacrifice all people throughout the world may be saved. When the Mass ends, bring home to me and to every home, the Lord's blessing. Amen.

SPIRITUAL COMMUNION

The following traditional prayer is commended to those who are prevented from receiving Holy Communion at the present time.

*My Jesus, I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and
unite myself wholly to You. Never permit me to be separated from You. Amen.*

CHURCH ROTA

This Week:

*Cleaning - Team D. Altar Linen - Vanessa . Offertory Counters - Gilbert & Russell .
16-17 Mar: Readers: 6pm- Shalini; 8am- Stephen; 10.30am- Ivy.
Eucharistic Ministers: 6pm- Margaret O'L; 8am- Gilbert; 10.30am- Fay .
Flowers - No Flowers in Lent*

ANNIVERSARIES FOR MARCH Charlotte Allen, Sofia Delfina Almeida, Francis Amoordon, Billy Brennan, Tony Chainey, John Cahill, Val Carter, Maria Chainey, Esther Deshaut, Myles Gibbons, Bill Guise, John McGrory, Danny McLaughlin, Gwilym Michael, Kathleen Miley, Peter Murphy, Dorothy Newton, Mick Newton, James Nolan, Richard O'Driscoll, Michael O'Neill, Henry Phillips, Charles Roberts, Alice Santos, Bill Spiers, Maura Swatts and Ann Zammitt.

PRAYERS FOR THE SICK Please pray for those in our community who are sick and housebound, especially all the patients in Goodmayes, King George's and Queen's Hospitals and all the sick Priests of the Diocese. If you would like a sick family member or friend to be included in the "Prayers for the Sick", please speak to Fr David or contact the Parish Office.

SICK AT HOME OR IN HOSPITAL If anyone is seriously ill at home or is in hospital, it is vitally important to let Fr David know so that the sick person may receive the spiritual help of the sacraments. Relatives or friends should also inform the Catholic Chaplain of the hospital concerned (at King George Hospital, 8590 9026; at Queen's Hospital, 01708 435000; at Whipps Cross Hospital, 8520 5877).

REFRESHMENTS AFTER 10.30 AM SUNDAY MASS Tea & coffee organised by the members of St Teresa's Ladies Guild will be available in the Hall immediately after the 10.30 Mass this Sunday. Everyone is welcome and, as before, all proceeds will go to charitable causes.

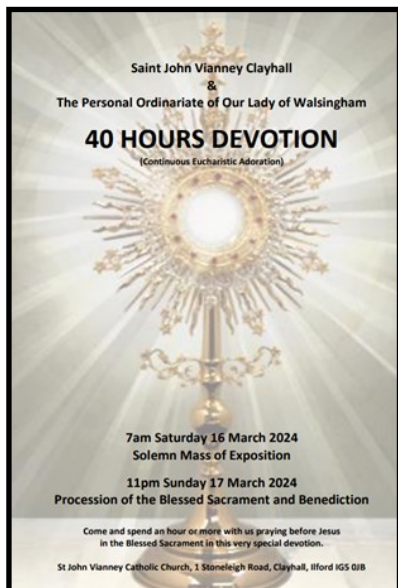
STATIONS OF THE CROSS This traditional devotion will take place every Friday during Lent at 7.30pm lasting about 30-40 mins until 22 March.

AID TO THE CHURCH IN NEED At all Masses *this weekend*, there will be an appeal by a representative of Aid to the Church in Need, (ACN) a Pontifical Foundation of the Catholic Church supporting the Catholic Church and other Christians where they are persecuted, oppressed or in other Pastoral need. Please be as generous as you can in supporting their work through prayer and donations. Your donation may be "Gift Aided", so those in the "Gift Aid" scheme, may use one of your "Special Collection" envelopes and the fund will benefit by a further 25%. If you have run out of these or don't belong to the envelope scheme but are nevertheless a taxpayer, then please use one of the special light blue "Gift Aid" envelopes which you will find at the back of the Church.

FLOWER GROUP MEETING There will be a meeting *on this coming Thursday, 14 March at 7pm* in the Pastoral Centre to discuss the arrangements for Easter flowers and the flower collection. All members should try to be present. Also, if anyone is interested in joining the Group then please do come along to the meeting. You would be most welcome.

ST TERESA'S LADIES GUILD EASTER RAFFLE Members of the Guild will be selling raffle tickets after all Masses *next weekend 16/17 March* with the draw taking place in the Hall after the 10.30am Mass. Prizes include a £30 M&S Gift Voucher and a luxury Easter egg. Along with raffle tickets, the ever-popular Easter Chicks Novelties with Chocolate at £1 each will be on sale and, as usual, all proceeds will be going to charitable causes. So, please try and support this fundraising effort.

"RICH MAN, POOR MAN" MEAL This enjoyable annual event will take place on *Saturday, 16 March* at 7pm in the Parish Hall and all the money raised will be donated to the Ilford Sunday Drop-in Centre. Everyone who buys a ticket will go into a draw and the six or so lucky winners will get to eat at the top table. They will be served a "Rich Man" meal consisting of a three-course dinner with wine while everyone else will have to settle for the "Poor Man" meal, consisting of a bowl of soup, cheese, bread and water! As the saying goes "You have to be in it to win it", so please make a note in your diaries to buy a ticket and come along and support this charitable cause. Tickets are priced at £5 each and will shortly be available from Jane McParland on 07966431232.



LECTIONARY READINGS FOR LENT Commentary on every Scripture reading from Ash Wednesday to Good Friday by Fr Adrian Graffy, parish priest of Gidea Park and member of the Pontifical Biblical Commission, is available free of charge on www.whatgoodnews.org Click on 'Scripture Readings' and 'Lent Readings'. The commentaries are also available in book form from Darton, Longman and Todd www.dartonlongmantodd.co.uk.

SANCTUARY LAMP Next week the lamp by the Tabernacle will be burning in loving memory of Dilly Firmin, RIP. If you would like to offer a candle to be placed in the Sanctuary Lamp for your own private and personal intentions, please put your donation (£2.50 min) in an envelope marked "Sanctuary Lamp" and the intention and place it in the Repository Box marked "Candles" at the back of the Church. Do take advantage of this truly wonderful and prayerful way to place your intentions before Jesus, our Eucharistic Lord, truly present in the Tabernacle.

CARITAS DIOCESE OF BRENTWOOD is inviting you to take part in several activities during Lent. We have a photo challenge for all ages, Stations of the Cross for teenagers, a Giving Calendar

to help collections for local foodbanks, suggestions on how to raise awareness for the homeless within Essex and East London and some great resources from charities such as SVP and CAFOD. All information and resources can be found at www.caritasbrentwood.org/leat or by emailing sianthomas@brcdt.org

PRAYER & FAST FOR THE END OF ABORTION On Saturday 23rd March, the Vigil of Palm Sunday, please pray and fast for the end of abortion in this Country. Through God's grace we have seen thousands of Mothers in our counselling centre continue their pregnancies in very difficult circumstances. Please help us to help save lives with your prayers, fasting and support. www.GoodCounselNetwork.com

CONCERT FOR ST JOHN BOSCO CHILDREN'S CAMP Come and enjoy an exciting variety show of music and entertainment, to raise money for the camp, which provides holidays for over 100 children. The camp is restarting in 2024, under the umbrella of Caritas Diocese of Brentwood. The fundraising concert is on **Saturday, 13 April 2024 - New Windmill Hall, Upminster. 7:00 to 9:00 pm. Wine and refreshments included.** Adult tickets £10; children £5. Bookings by phone: 07957382592. Online bookings and more details: www.boscocamp.co.uk/events

BRENTWOOD CATHOLIC CHILDREN'S SOCIETY will be hosting a very special Anniversary Afternoon Tea at the Roslin Beach Hotel, Thorpe Bay, Southend-on-Sea on **Tuesday 23 April 2024** at 1pm for service at 1.30pm. They are delighted that Bishop Alan, BCCS President, will be attending as guest of honour. Tickets for the event are £34.00 per person and should be purchased before Monday 8th April directly from their event webpage: <https://www.bccs.org.uk/get-involved/events/> or by clicking on their secure payment form here: <https://form.jotform.com/240354018762352> Once you have purchased your tickets, please advise Julie of any special dietary requirements or seating requests by contacting her by email jabbott@bccs.org.uk or call her on 07912 277413. Guests will be seated at tables of 12.

CATHOLIC PARISH SUMMIT The Catholic Parish Summit is taking place in Harrogate from the 12th to the 14th of June with over 1,000 parish leaders from across the country. Our diocese has booked some places for the Summit which are available to anyone who is interested in attending. These places are free but they are limited and you will need to make arrangements for accommodation while you are in Harrogate. For more information about the Summit please visit their website: <https://catholicparishsummit.com/>. If you would like to find out more please email Father Dan Mason, the Episcopal Vicar for Parish Renewal at billericay@brcdt.org

PILGRIMAGE TO FATIMA 7–14 June Organised by A Day with Mary. £870 .00 per person twin room, £950 Single room. All rooms are en suite. Pilgrimage cost includes: British Airways Return Flights, Chartered coach travel, 6 days full board accommodation, 1-day half board. Booking Form with full details available on request at www adaywithmary.org

BCYS SUMMER LOURDES YOUTH PILGRIMAGE – Last week of July 2024 (exact dates TBC)

Bookings are now open online for the Brentwood Catholic Youth Service pilgrimage to Lourdes in July. Serve the main Diocesan pilgrimage, assist the elderly and infirm, with times of retreat, reconciliation, visit the baths, take part in the beautiful Processions, as well as an afternoon in the mountains, party and social nights - all with other young Catholics from around our Diocese. The pilgrimage is open to all those in school year 10 – 13, with all those of school leaver age (18+) invited to join us as young leaders (subject to attending a training weekend). All details and applications can be found on the website www.bcys.net/events/sl24

VOLUNTEER AT THE ST JOHN BOSCO CHILDREN'S CAMP from 27th July – 3rd August help give 100 children a holiday. Helpers must be 18+, and the Camp will arrange for a DBS check, and appropriate training. To help at the Bosco Camp is a wonderful experience, but there are limited places. Applications open until the end of March. Details: <https://boscocamp.co.uk/volunteer-applications>

LENT "WALK WITH ME" This small booklet, costing just £1, contains daily meditations and a weekly catechesis on living the Christian life. There are still a few copies left in the Repository at the back of the Church and is a great way to pray during Lent and to prepare for Easter.

LENTEN ALMSGIVING If you haven't already done so, please take home with you one of the CAFOD boxes which you will find at the back of the church and use it to save any loose change that might accumulate during Lent or any money saved from giving up sweets, cigarettes etc to help the more unfortunate people in the world. Ideally, you should then bring your box with you for the Mass of the Last Supper on Maundy Thursday. If you cannot attend that Mass, then please remember to bring the box back at any Mass over Easter period and place it in one of "Collection Baskets" as you leave the church.

SUPPORTING YOUR CHURCH Many thanks to everyone for their Offertory donations during February. The amount received (incl. Standing Orders) **was £4,087.68**. Provided your circumstances allow it, please try to support the parish financially even if currently you are unable to attend Mass. Your continued generosity is much needed and, of course, greatly appreciated. Ideally, we would prefer all donations to be made by a Standing Order through your bank. This is by far the best way for the parish to receive your offering as well as providing a steady income as there are no cash handling fees and we still receive your donation should you be on holiday or miss Mass. Also, please Gift Aid your donation if you are able to. If you have any queries about the Gift Aid scheme, then please contact Pat Callaghan our Gift Aid Organiser on 020 8220 0306 or email patcallaghan@gmail.com



BECOMING A CATHOLIC If you are feeling drawn to the Catholic faith and would like to begin exploring the possibility of baptism or being received into the full communion of the church if you were baptised in another Christian community or completing the journey of initiation if you have not yet been confirmed, please speak to Fr David as soon as possible. You will not be committed to anything at this stage, only encouraged to seek the gift of faith with an open heart.

BAPTISM PREPARATION If you are expecting a baby or have a baby for baptism in the next couple of months, please speak to Fr David who will help you make the appropriate arrangements.

DONATION ENVELOPES If you are in the envelope scheme, please make sure that the number on the envelope you use is the same one which has been allocated to you for this financial year. A reminder too that if you do use one of the light blue general “Gift Aid” donation envelopes from the back of the Church, then you must enter either your Contributor Number or your full name and address on the envelope otherwise we cannot claim any “Gift Aid” on your donation. Please DO NOT use these envelopes if you cannot “Gift Aid” your donation.

PARISH BANKING DETAILS The key details for direct payments to the parish bank account are Account Name: **Catholic Church, Newbury Park; Sort Code: 40-13-22; Account No: 71019716**. Also, please remember that all cheques should be made payable to “**St Teresa’s Catholic Church**”.

KIDS BULLETIN A children’s version of the gospel is available weekly. This can be accessed on the following website www.thekidsbulletin.com and is aimed at primary school children. It can be downloaded and printed out.

MASS REQUESTS Importantly, if you want a Mass said on a particular day or for a particular intention it is advisable to give the Parish Secretary **about 6 months’ notice**. Special “Mass Request” envelopes are available at the back of Church. Please use one for each request and place your donation within it. All cheques should be made payable to “**St Teresa’s Catholic Church**”. Alternatively, you may request a Mass by emailing newburypark@brcdt.org with all the details and send your donation direct to the parish bank account – see account details above quoting the reference “**Mass Stipend**”.

NEW ALTAR SERVERS If you have made your First Communion and wish to start training as an altar server, please speak to Fr David.

LIFTS TO CHURCH For some people getting to church, whatever the weather, is a genuine concern. It may be that some of you are in a position to offer a lift or would very much like a lift to church, particularly when the weather is bad. This is also a good way of getting to know others in the parish. Whilst those who can walk to church are generally encouraged to do so, if coming by car means you can bring someone else who can’t so easily get here then it would be very commendable to do so. If you are able to offer a lift to someone on a regular basis, or if you could really do with a lift to church, please contact the Parish Office. If we can find a suitable match, we will then facilitate an introduction

HOLY SOULS The practice of offering the holy Mass for the repose of the souls of our departed relatives and friends originates in the early church and is deeply rooted in our catholic culture. Both as an act of charity and as a practical act of mercy, we might also care to remember in this way all the forgotten souls in purgatory. The Donations box on the counter at the back of the church by the Repository has a section that is marked for the “Holy Souls”. All the donations put into that part of the box are used exclusively for Masses to be said for the Holy Souls here in St Teresa’s or, are sent to Missio, for the Masses to be said in a mission diocese overseas.

HELP FOR THOSE IN NEED If any families or individuals in our parish community are experiencing serious hardship at present please contact Fr David in confidence: thanks to the donations accumulated over time specifically for those in need, he may be in a position to offer some support.

POOR BOX The Donations box on the counter at the back of the church by the Repository has a section that is marked for the “Poor”. All the donations put into that part of the box are used exclusively

to help those in need especially those who occasionally call at the Presbytery seeking assistance. Any contributions would, of course, be most welcome and gratefully received.

TWIN PARISH Please continue to pray for our brothers and sisters in the parish of Sacred Heart, Pomeroy, in the Diocese of Dundee, South Africa, with whom we are twinned and their parish priest, Fr Khulekani Dube.

MAINTENANCE MATTERS If parishioners have any suggestions for works/defects which they think need attention either in the Church, Parish Hall, Pastoral Centre or grounds then please let Fr David or the Parish Secretary know either directly, or by email to newburypark@brcdt.org Suggestions will be considered and prioritised according to urgency and available funds.

CAR PARKING Please park responsibly and take care not to obstruct emergency access to the church.

CHURCH GROUNDS Please remember to do what you can to keep the church grounds tidy - if you see some litter and it is safe to do so, please pick it up and put it in one of the two bins provided.

PARISH HALL All enquiries about the booking arrangements for and conditions of hiring the Parish Hall should be addressed to Sid James, the Hall Manager. He can be contacted on 07887983310 or by email at cjf65@btinternet.com

VISITORS If you are a visitor to St Teresa’s then you are most welcome, and we very much hope you enjoy the service you are attending. If you are a taxpayer and would like to “Gift Aid” your Offertory donation, then please use one of the special blue general purpose “Gift Aid” envelopes which you will find at the back of the Church.

NEW PARISHIONERS You are very welcome here. Please make yourselves known to Fr David and complete one of the Parish Registration Forms as soon as possible.

DIOCESAN DIRECTORY 2024 The Directory for next year is now available from the Repository at the back of the Church priced at £2.95.

NEWSLETTER ITEMS If you have any items for inclusion in the weekly Newsletter then please email them to newburypark@brcdt.org *The copy deadline for including items in the Newsletter is Thursday, 12noon.*

UKRAINE CRISIS Caritas Brentwood is regularly updating information on their website, covering donations, prayer, and welcoming those who are fleeing the Ukraine. You will find everything at <https://www.caritasbrentwood.org/ukraine/>

SJOG Homes for Ukraine As an official provider of the government scheme, SJOG Homes for Ukraine acts as a matching, training, and support pathway for guests from Ukraine and hosts in the UK who are willing to provide much-needed support. Our programme operates collaboratively with the esteemed Caritas Social Action Network (CSAN).

At SJOG Homes for Ukraine, we offer a range of services to ensure fulfilling experience for both guests and hosts. These services include matching, training for hosts and guests, transportation assistance, a Welcome Box for Ukrainian guests upon arrival, and support during the placement.

More information on the project can be found at the following links

Website: <https://sjog-homesforukraine.uk>

E-mail: homesforukraine@sjog.org.uk

Facebook: facebook.com/sjoghomesforukraine

YouTube: youtube.com/@sjoghomesforukraine

BISHOP'S CERTIFICATE IN CATECHESIS AND YOUTH MINISTRY is an online course is designed to be an entry level qualification to help in the ongoing formation of adults involved in sacramental preparation (First Holy Communion and/or Confirmation) or youth ministry in the Diocese of Brentwood. It includes both the development of practical skills & the deepening of theological knowledge. For more information or to register your interest please email clairebailey@brcdt.org or see the website <https://bcys.net/bishops-cert/>

Job & Volunteer Opportunities

SCHOOL VACANCIES All Brentwood Diocesan Catholic School Vacancies (of which the Education Services Department are aware) are posted on the Diocesan website-<https://www.dioceseofbrentwood.net/departments/education/vacancies/school-vacancies/>

APPRENTICESHIPS AT WALSINGHAM HOUSE Walsingham House are offering a two year apprenticeship course in Youth Ministry and Chaplaincy (Yr13 school leavers). Participants will live and work at Walsingham House, running retreats for young people across the diocese whilst studying with St Mary's University, Twickenham. For more information please email clairebailey@brcdt.org or visit the website www.bcys.net/apprenticeship-opportunity-at-walsingham-house/

WALSINGHAM HOUSE VOLUNTEER TEAM If you are aged between 18-23 and are considering a gap year, then please consider joining the Walsingham House Retreat Team. The volunteer team works with around 5000 young people from across the diocese running retreats for Yr5-Yr13 students. For more information, please see our website: <https://bcys.net/whabbotswick/be-on-team/> or email clairebailey@brcdt.org

HOUSEKEEPER—ONGAR The successful applicant will prepare meals for the Parish Priest and effectively manage the routine cleaning of the Presbytery to ensure that it provides a comfortable living space for the Parish priest. Hours: 6 Hours per week. Salary: £10.90 per hour. Start Date: ASAP Apply by sending a CV and covering letter (no longer than A4) to hr@brcdt.org. Closing date for applications is 15th March 2024

THE URSULINE ACADEMY ILFORD— Teacher of PE required to start as soon as possible. Closing Date is Noon on Friday 15th March 2024. For further information please visit: uai.org.uk/vacancies